

## Join us...

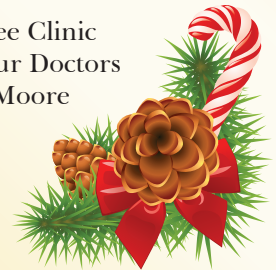
We are excited to announce we will be hosting An Evening of Beauty in January. Donation proceeds will benefit Moore Free Clinic. Our Evening of Beauty will feature the latest procedures and products used in the facial plastic surgery and skin care industry. Our aesthetic vendors will be on hand to answer any questions you may have regarding our products and procedures. We will be giving away door prizes valued at \$3,000.00 combined. Attend our Evening of Beauty and you can enter to win a Botox treatment, Microdermabrasion treatment, Restylane or Perlane treatment and much, much more!

We have also invited our General & Bariatric physicians, Dr. Kenneth Mitchell and Dr. Raymond Washington and our Vascular & Vein Care physicians, Dr. Robert Albrecht, Dr. Clinton Atkinson, Dr. Joel Berman and Tammy Joyner, RN, Sclerotherapist. They will join Dr. Jefferson Kilpatrick in our evening benefit of 5 Minutes for \$5. You will have the opportunity to meet and talk with our physicians. Just donate \$5 for 5 minutes with our doctors, to see what your options are. All proceeds go to Moore Free Clinic. Don't miss this event!

# An Evening of Beauty

**January 26, 2010  
6-8pm**

Benefit for Moore Free Clinic  
\$5 for 5 Minutes with our Doctors  
Help support our local Moore  
Free Clinic



**(910) 235-9759 or (910) 295-0216**

**For more information about our office and procedures,  
visit our website [www.jkilpatrickmd.com](http://www.jkilpatrickmd.com)**



5 First Village Drive  
Pinehurst, NC 28374

**PINEHURST SURGICAL**

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PERMIT NO. 1



### Eyelash Enhancement

Achieve longer, fuller and darker eyelashes with Latisse, the first and only FDA-approved science-based treatment for enhancing eyelashes. Available by prescription only, this once daily treatment is \$120 per bottle. Latisse is applied to the base of the upper eyelashes. Results can be achieved in as little as eight weeks with maximum results in four months. To maintain your results, continued treatment with Latisse is necessary. If use of Latisse is discontinued, eyelashes will gradually return to their prior state over a period of weeks to months. Call for a free consultation to see if this product is right for you. **(910) 235-9759**



**Latisse™**  
(bimatoprost ophthalmic solution) 0.03%

<b>1 month</b>	<b>\$120</b>
<b>2 months</b>	<b>\$200</b>
<b>3 months</b>	<b>\$300</b>

Offer valid thru 12/31/2009

### Relax & Leave the Rest to Us

During this busy season, schedule a time to relax and receive a skin care treatment. This time of year allows us to see friends and family that we don't see often. Relax and let us take care of the rest. You will feel refreshed as well as revitalize your look.

### 30-Minute Holiday Treatments

**DERMAPLANING TREATMENT \$75**  
This treatment will remove unwanted facial hair and dead skin, leaving your skin supple and smooth.

**MINI-FACIAL & WAXING \$62**  
A gentle exfoliation of the skin followed by a treatment mask and your choice of Eyebrow, Upper Lip or Chin Waxing.

### Happy Holidays



**10% OFF**

Any Package of Skin Care Treatments (offer includes: microdermabrasion, peels & laser hair removal)

Offer valid thru 12/31/2009



*We want to send best wishes to you and your family this holiday season. As the holidays draw near, so many of us are looking into our closets and our makeup drawers trying to find something to get us in the holiday spirit and give us a fresh and more vibrant look. We want to invite you to come and see us for your holiday 'pick-me-up' treatments and gift giving ideas. We look forward to helping you get ready for the holidays.*

## Jefferson K. Kilpatrick, M.D., F.A.C.S.

The heart of the facial plastic surgery center at Pinehurst Surgical is our physician, Dr. Jefferson K. Kilpatrick and the facial plastic surgery staff. The advancements in technology and the skills of Dr. Kilpatrick and his staff have resulted in shorter recovery times, increased accuracy and better outcomes for patients.

Dr. Kilpatrick is board certified to perform facial plastic surgery and specializes in the unique anatomy of the face, head and neck. Our facial plastic surgery center includes an in-office surgical suite, a recovery room, a private entrance and reception area. Our facility is certified for surgical excellence by the Accreditation Association for Ambulatory Health Care. (AAAHC) This certification ensures that the physicians, the staff and the facility have met the highest standards for patient care, patient safety and state-of-the-art equipment.

Dr. Kilpatrick specializes in facial cosmetic procedures including:

- Facelift
- Forehead Lift / Brow Lift
- Eyelid Surgery (Blepharoplasty)
- Nose Surgery (Rhinoplasty)
- Ear Surgery (Otoplasty)
- Chin Augmentation
- Laser Skin Resurfacing
- MOHS Reconstruction
- Scar Revisions

Dr. Kilpatrick also performs many non-surgical procedures such as dermal fillers, Botox injections, Portrait Plasma treatments and vascular laser treatments.

- Botox Cosmetic
- Restylane
- Perlane
- Juvederm
- Radiesse



Pinehurst Surgical Association:  
July, 2000

Degree: M.D., Bowman Gray School of  
Medicine, Wake Forest University

Postgraduate Training: Medical College of  
Virginia, Virginia Commonwealth University

Internship: Medical College of Virginia

Residency: Medical College of Virginia,  
Virginia Commonwealth University



Fellowship: Facial Plastic and Reconstructive  
Surgery, University of Missouri

Board Certification:

American Board of Otolaryngology, 2000  
American Board of Facial Plastic &  
Reconstructive Surgery, 2003



### Botox Treatments

Are you ready for your next Botox Cosmetic Treatment? Mark your calendar! We will be offering two Botox days in December to get you ready for the holidays.

**December 2, 2009**

**December 16, 2009**

**AVAILABLE APPOINTMENTS**

**2-5 PM**

**Call to schedule your appointment.**

**(910) 295-0216**

## Aging Gracefully

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Age gracefully by knowing what changes to expect and how you can look your best at any age. From young adult to senior, your skin goes through changes. When we are young, the skin inherently and efficiently repairs injuries and damage from the sun or pollution. As we get older, the repair mechanism is broken down and the damage emerges as wrinkles, age spots or uneven skin tone and texture.

### Twenties

The skin is clear, taut and pores remain small. The key is to ward off premature signs of aging by protecting your skin from the harmful rays of the sun. Eight-five percent of what we think of as aging is actually caused by exposure to the sun. Cleanse, use an antioxidant treatment such as topical vitamin C, moisturize and apply sunscreen (with at least a sun protection factor of 20) daily. Skin that has an occasional break-out may benefit from a facial treatment.

### Thirties

During your 30's, small changes begin to take place. Cell replacement is not as quick as it once was and the skin begins to appear drier and thinner. Keep your skin well hydrated, especially in a dry climate or during the winter months by drinking plenty of water and applying a moisturizer twice a day. The protein that holds the skin together, collagen begins to break down and wrinkles may begin to show around the mouth and eyes. This may be the time to consider BOTOX® or filler injections such as Restylane, Perlane, Juvéderm or Radiesse.

### Forties

The skin's natural process of exfoliation, cell renewal and collagen production continues to slow. The skin begins to sag and wrinkles are more noticeable. The tone and texture of your skin is changing—a little more dull and enlarged pores. Signs of photo-damage are more visible with freckles, age spots and changes in skin color. You may consider exfoliating procedures such as micro-dermabrasion to help get rid of dead skin cells, or a chemical peel to smooth the face. This may be the time to consult the doctor about Blepharoplasty (eyelid surgery) to remove sagging skin around the eyes.

### Fifties

The aging process is in full swing. Along with increasing wrinkles and the toll of gravity, fat cells begin to collect around the neck and chin. The loss of volume and fullness in the cheeks gives way to increased loose skin and sagging. Decreased production of estrogen affects your skin, increasing dryness and reducing elasticity. Good skin care maintenance is important. Regular facials can help the skin's circulation. There are many minimally invasive procedures to rejuvenate your appearance, such as dermal fillers to add fullness or you may be a good candidate for a facelift.

### Sixties Plus

Your skin tone continues to become lax, with increased jowls and excess folds of skin. The skin is lighter in color due to decreased circulation. Moisture for your skin is critical! If you would like to look as young as you feel, your physician may recommend mid-facial implants, facelift, laser resurfacing or other skin tightening procedures. Although you cannot stop the aging process, you can be proactive in prevention and maintenance. Make an appointment with Dr. Jefferson Kilpatrick to discuss your options for a younger, rejuvenated you.

For more information, contact our office for a consultation appointment. **910-295-0216**